

# Standards of Practice



## SUPERVISION OF RESTRICTED ACTIVITIES

This standard applies to **supervision of restricted activities** by an authorized dental hygienist.

If a dental hygienist consents to supervise another person performing a restricted activity, the dental hygienist is ultimately accountable for the performance of that restricted activity. Any supervised restricted activities will be held to the Standards of Practice of the dental hygienist.

In certain circumstances, the following persons may perform a restricted activity under the supervision of a dental hygienist:

- A. Students
- B. Dental hygienists
- C. Other regulated health professionals

### A. Students

Students are permitted to perform a restricted activity under the supervision of a dental hygienist in the following circumstances:

- students in an **approved dental hygiene program** leading to initial entry-to-practice as a dental hygienist;
- students in an approved dental hygiene program leading to re-entry to practice as a dental hygienist; or
- students in a post-secondary health services program of studies approved by the council of another college under the *Health Professions Act*.

### B. Dental Hygienists

Dental hygienists on the general or courtesy register are permitted to perform a restricted activity under the supervision of another dental hygienist, in the following circumstances:

- dental hygienists undergoing training to perform a restricted activity in an **approved advanced training program**.

### C. Other Regulated Health Professionals

Other regulated health professionals may be permitted to perform a restricted activity under the supervision of a dental hygienist in the following circumstances:

- other regulated health professionals undergoing training to perform a restricted activity in a training program approved by the council of another college under the *Health Professions Act*; or
- other regulated health professionals who require supervision as part of provisional registration in accordance with the other profession's regulations and standards of practice.

The supervision and performance of the restricted activity must be in accordance with the standards of practice set by each regulated health professional's college.

## STANDARD STATEMENT

The dental hygienist supervises the performance of restricted activities responsibly and within their own scope of practice, competence, and restricted activity authorization.

## PERFORMANCE EXPECTATIONS

The dental hygienist must...

1. Document their consent to supervise.
2. Obtain the **client's** informed consent for the restricted activity to be performed under supervision.
3. Ensure the person performing the restricted activity is clearly identified in the client's record.
4. Only supervise the performance of restricted activities that they themselves are authorized and competent to perform without requiring supervision themselves.
5. Be responsible and accountable for the restricted activity being performed by the supervised person.
6. Continuously assess the knowledge, skill, and judgement of the supervised person performing the restricted activity.
7. Ensure ongoing safety and appropriateness for the supervised person to perform the restricted activity.
8. Be on-site, available to assist, and employ an appropriate level of supervision (**direct** and/or **indirect**) to maintain client safety and the provision of quality care that considers:
  - a) the competence of the supervised person;
  - b) the client care needs; and
  - c) other factors related to the practice environment.
9. Address any competence issues of the supervised person in the performance of the restricted activity.
10. When supervising persons performing restricted activities in a training program, be engaged by or approved to supervise by an organization that offers an approved dental hygiene program, an approved advanced training program, or a post-secondary health services program of studies approved by the council of another college.

## CLIENT EXPECTATION

The client can expect to be informed of the role of the supervised person and that a supervising dental hygienist is responsible and accountable for the delivery of safe, competent services.

## GLOSSARY

### APPROVED ADVANCED TRAINING PROGRAM

A program for training in the performance of specific restricted activities that is approved by the College.

### APPROVED DENTAL HYGIENE PROGRAM

A dental hygiene education program in Alberta approved by Council in accordance with dental hygiene education criteria.

### CLIENT

An individual, family, group, community, or organization accessing dental hygiene services. The term client in these standards also includes the client's legal guardian or substitute decision-maker legally authorised to act on behalf of a client when appropriate. An individual client may also be referred to as a patient.

### RESTRICTED ACTIVITY

an activity named in the *Health Professions Act* as a restricted activity carried out in relation to or as part of a health service.

### SUPERVISION

the consultation, guidance, and oversight by an authorized dental hygienist in the practice setting. The supervising dental hygienist is ultimately accountable for the performance of the restricted activity. Supervision may be direct or indirect.

- **Direct** supervision: an authorized dental hygienist is physically present at the point of care.
- **Indirect** supervision: an authorized dental hygienist is available for consultation and guidance but is not required to be physically present at the point of care. This person providing indirect supervision is readily available on site and can go provide assistance when needed.<sup>1</sup>

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<sup>1</sup> Adapted from the College of Licensed Practical Nurses of Alberta. (2020) Standards of Practice for Licensed Practical Nurses on Restricted Activities and Advanced Practice